

October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p><u>Crystal Beach Farmers Market</u> 8:00 am - 12:00 pm</p> <p><u>Concert featuring "Second Hand News"</u> 4:00 pm - 8:00 pm</p>	<p>2</p> <p><u>Social Walking Club</u> 9:30 am - 10:30 am</p> <p><u>DanceFit</u> 4:00 pm - 5:00 pm</p> <p><u>Qigong</u> 5:00 pm - 6:00 pm</p> <p><u>Line Dancing Level 1</u> 6:00 pm - 7:00 pm</p> <p><u>Women's Self Defense 4 Week Workshop</u> 7:00 pm - 8:00 pm</p>	<p>3</p> <p><u>Zumba</u> 9:45 am - 10:30 am</p> <p><u>Ballet Barre</u> 10:30 am - 11:15 am</p> <p><u>Line Dancing with Val</u> 11:00 am - 12:00 pm</p> <p><u>Ageless Grace</u> 2:00 pm - 3:00 pm</p> <p><u>Afternoon Tea</u> 3:00 pm - 5:00 pm</p> <p><u>Tuesday night Darts</u> 7:00 pm - 9:30 pm</p>	<p>4</p>	<p>5</p>	<p>6</p>	<p>7</p>
<p>8</p> <p><u>Crystal Beach Farmers Market</u> 8:00 am - 12:00 pm</p>	<p>9</p>	<p>10</p> <p><u>Zumba</u> 9:45 am - 10:30 am</p> <p><u>Ballet Barre</u> 10:30 am - 11:15 am</p> <p><u>Line Dancing with Val</u> 11:00 am - 12:00 pm</p>	<p>11</p> <p><u>Beachcombers - Advanced Line Dancing</u> 10:00 am - 11:00 am</p> <p><u>Beachcombers - Advanced Line Dancing</u></p>	<p>12</p> <p><u>Beachcombers Chair & Stand Exercises</u> 9:00 am - 10:00 am</p> <p><u>Beachcombers Chair & Stand Exercises</u> 9:00 am - 10:00 am</p>	<p>13</p> <p><u>Beachcombers - Shuffleboard</u> 9:00 am - 10:30 am</p> <p><u>Beachcombers - Shuffleboard</u> 9:00 am - 11:00 am</p>	<p>14</p> <p><u>Ridgeway Fall Market & Breakfast</u> 8:00 am - 12:00 pm</p>

Ageless

Grace

2:00 pm -
3:00 pm

Afternoon

Tea

3:00 pm -
5:00 pm

Tuesday

night Darts

7:00 pm -
9:30 pm

Beachcomb

ers - Yoga

7:00 pm -
8:00 pm

Beachcomb

ers - Yoga

7:00 pm -
8:00 pm

10:00 am -
11:00 am

Beachcomb

ers - Yoga

11:15 am -
12:15 pm

Beachcomb

ers -

Upholstery

Class

1:00 pm -
3:00 pm

Service

Canada

10:00 am -
1:00 pm

Beachcomb

ers - Darts

1:00 pm -
3:30 pm

Beachcomb

ers - Darts

1:00 pm -
3:30 pm

Beachcomb

ers - Yoga

7:00 pm -
8:00 pm

Beachcomb

ers -

Beginner's

Line

Dancing

9:30 am -
10:30 am

Beachcomb

ers - Chair

Yoga

10:45 am -
11:45 am

Beachcomb

ers - Chair

Yoga

10:45 am -
11:45 am

Beachcomb

ers - Art

Class

12:30 pm -
3:30 pm

Beachcomb

ers - Art

Class

12:30 pm -
3:30 pm

Beachcomb

ers -

Cribbage

1:00 pm -
3:30 pm

Beachcomb

ers -

Cribbage

1:00 pm -
3:30 pm

Beachcomb

ers -

Beginner's

Line

Dancing

5:00 pm -
6:00 pm

Crystal

Journey At

					<u>The Sanctuary</u> 7:00 pm - 10:30 pm	
15 <u>British Invasion event</u> 4:00 pm - 8:00 pm	16 <u>Tai Chi</u> 8:45 am - 9:45 am <u>Beachcombers - Shuffleboard</u> 9:00 am - 10:30 am <u>Beachcombers Chair & Stand Exercises</u> 9:00 am - 10:00 am <u>Social Walking Club</u> 9:30 am - 10:30 am <u>DanceFit</u> 4:00 pm - 5:00 pm <u>Qigong</u> 5:00 pm - 6:00 pm <u>Line Dancing Level 1</u> 6:00 pm - 7:00 pm <u>Women's Self Defense 4 Week Workshop</u> 7:00 pm - 8:00 pm	17 <u>Zumba</u> 9:45 am - 10:30 am <u>Ballet Barre</u> 10:30 am - 11:15 am <u>Line Dancing with Val</u> 11:00 am - 12:00 pm <u>Ageless Grace</u> 2:00 pm - 3:00 pm <u>Afternoon Tea</u> 3:00 pm - 5:00 pm <u>Tuesday night Darts</u> 7:00 pm - 9:30 pm	18	19 <u>Emergency Preparedness, Cyber Security Tips & Crime Prevention</u> 1:00 pm - 3:00 pm <u>Ridgeway Lions Pasta Dinner</u> 4:00 pm - 6:30 pm	20	21 <u>Ridgeway Fall Market & Breakfast</u> 8:00 am - 12:00 pm

22	<p><u>Social Walking Club</u> 9:30 am - 10:30 am</p> <p><u>DanceFit</u> 4:00 pm - 5:00 pm</p> <p><u>Qigong</u> 5:00 pm - 6:00 pm</p> <p><u>Line Dancing Level 1</u> 6:00 pm - 7:00 pm</p> <p><u>Midnight Massacre - A Murder Mystery at Brimstone Brewing Company</u> 6:30 pm - 7:00 pm</p> <p><u>Women's Self Defense 4 Week Workshop</u> 7:00 pm - 8:00 pm</p>	<p><u>Tai Chi</u> 8:45 am - 9:45 am</p> <p><u>Zumba</u> 9:45 am - 10:30 am</p> <p><u>Ballet Barre</u> 10:30 am - 11:15 am</p> <p><u>Line Dancing with Val</u> 11:00 am - 12:00 pm</p> <p><u>Ageless Grace</u> 2:00 pm - 3:00 pm</p> <p><u>Afternoon Tea</u> 3:00 pm - 5:00 pm</p> <p><u>Tuesday night Darts</u> 7:00 pm - 9:30 pm</p>	25	<p><u>Rotary Club of Fort Erie - Name That Tune</u> 2:00 pm - 4:00 pm</p>	27	<p><u>Ridgeway Fall Market & Breakfast</u> 8:00 am - 12:00 pm</p> <p><u>Rotary Club of Fort Erie - Rotzi Halloween Event</u> 11:00 am - 3:00 pm</p> <p><u>Bridgeburg BIA Halloween Event</u> 11:00 am - 5:00 pm</p>
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<p>29</p> <p><u>Concerts</u> <u>continue</u> 5:00 pm - 6:00 pm</p>	<p>30</p> <p><u>Social</u> <u>Walking</u> <u>Club</u> 9:30 am - 10:30 am</p> <p><u>DanceFit</u> 4:00 pm - 5:00 pm</p> <p><u>Qigong</u> 5:00 pm - 6:00 pm</p> <p><u>Line</u> <u>Dancing</u> <u>Level 1</u> 6:00 pm - 7:00 pm</p> <p><u>Women's</u> <u>Self Defense</u> <u>4 Week</u> <u>Workshop</u> 7:00 pm - 8:00 pm</p> <p><u>Monday</u> <u>Night at the</u> <u>Movies</u> 7:00 pm - 9:00 pm</p>	<p>31</p> <p><u>Tai Chi</u> 8:45 am - 9:45 am</p> <p><u>Zumba</u> 9:45 am - 10:30 am</p> <p><u>Ballet Barre</u> 10:30 am - 11:15 am</p> <p><u>Line</u> <u>Dancing</u> <u>with Val</u> 11:00 am - 12:00 pm</p> <p><u>Ageless</u> <u>Grace</u> 2:00 pm - 3:00 pm</p> <p><u>Afternoon</u> <u>Tea</u> 3:00 pm - 5:00 pm</p> <p><u>Tuesday</u> <u>night Darts</u> 7:00 pm - 9:30 pm</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>
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