

**October 2023**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p><u>Crystal Beach Farmers Market</u> 8:00 am - 12:00 pm</p> <p><u>Concert featuring "Second Hand News"</u> 4:00 pm - 8:00 pm</p>	<p>2</p> <p><u>Social Walking Club</u> 9:30 am - 10:30 am</p> <p><u>DanceFit</u> 4:00 pm - 5:00 pm</p> <p><u>Qigong</u> 5:00 pm - 6:00 pm</p> <p><u>Line Dancing Level 1</u> 6:00 pm - 7:00 pm</p> <p><u>Women's Self Defense 4 Week Workshop</u> 7:00 pm - 8:00 pm</p>	<p>3</p> <p><u>Zumba</u> 9:45 am - 10:30 am</p> <p><u>Ballet Barre</u> 10:30 am - 11:15 am</p> <p><u>Line Dancing with Val</u> 11:00 am - 12:00 pm</p> <p><u>Ageless Grace</u> 2:00 pm - 3:00 pm</p> <p><u>Afternoon Tea</u> 3:00 pm - 5:00 pm</p> <p><u>Tuesday night Darts</u> 7:00 pm - 9:30 pm</p>	<p>4</p>	<p>5</p>	<p>6</p>	<p>7</p>
<p>8</p> <p><u>Crystal Beach Farmers Market</u> 8:00 am - 12:00 pm</p>	<p>9</p>	<p>10</p> <p><u>Zumba</u> 9:45 am - 10:30 am</p> <p><u>Ballet Barre</u> 10:30 am - 11:15 am</p> <p><u>Line Dancing with Val</u> 11:00 am - 12:00 pm</p>	<p>11</p> <p><u>Beachcombers - Advanced Line Dancing</u> 10:00 am - 11:00 am</p> <p><u>Beachcombers - Advanced Line Dancing</u></p>	<p>12</p> <p><u>Beachcombers Chair &amp; Stand Exercises</u> 9:00 am - 10:00 am</p> <p><u>Beachcombers Chair &amp; Stand Exercises</u> 9:00 am - 10:00 am</p>	<p>13</p> <p><u>Beachcombers - Shuffleboard</u> 9:00 am - 10:30 am</p> <p><u>Beachcombers - Shuffleboard</u> 9:00 am - 11:00 am</p>	<p>14</p> <p><u>Ridgeway Fall Market &amp; Breakfast</u> 8:00 am - 12:00 pm</p>

Ageless

Grace

2:00 pm -  
3:00 pm

Afternoon

Tea

3:00 pm -  
5:00 pm

Tuesday

night Darts

7:00 pm -  
9:30 pm

Beachcomb

ers - Yoga

7:00 pm -  
8:00 pm

Beachcomb

ers - Yoga

7:00 pm -  
8:00 pm

10:00 am -  
11:00 am

Beachcomb

ers - Yoga

11:15 am -  
12:15 pm

Beachcomb

ers -

Upholstery

Class

1:00 pm -  
3:00 pm

Service

Canada

10:00 am -  
1:00 pm

Beachcomb

ers - Darts

1:00 pm -  
3:30 pm

Beachcomb

ers - Darts

1:00 pm -  
3:30 pm

Beachcomb

ers - Yoga

7:00 pm -  
8:00 pm

Beachcomb

ers -

Beginner's

Line

Dancing

9:30 am -  
10:30 am

Beachcomb

ers - Chair

Yoga

10:45 am -  
11:45 am

Beachcomb

ers - Chair

Yoga

10:45 am -  
11:45 am

Beachcomb

ers - Art

Class

12:30 pm -  
3:30 pm

Beachcomb

ers - Art

Class

12:30 pm -  
3:30 pm

Beachcomb

ers -

Cribbage

1:00 pm -  
3:30 pm

Beachcomb

ers -

Cribbage

1:00 pm -  
3:30 pm

Beachcomb

ers -

Beginner's

Line

Dancing

5:00 pm -  
6:00 pm

Crystal

Journey At

					<u>The Sanctuary</u> 7:00 pm - 10:30 pm	
15 <u>British Invasion event</u> 4:00 pm - 8:00 pm	16 <u>Tai Chi</u> 8:45 am - 9:45 am  <u>Beachcombers - Shuffleboard</u> 9:00 am - 10:30 am  <u>Beachcombers Chair &amp; Stand Exercises</u> 9:00 am - 10:00 am  <u>Social Walking Club</u> 9:30 am - 10:30 am  <u>DanceFit</u> 4:00 pm - 5:00 pm  <u>Qigong</u> 5:00 pm - 6:00 pm  <u>Line Dancing Level 1</u> 6:00 pm - 7:00 pm  <u>Women's Self Defense 4 Week Workshop</u> 7:00 pm - 8:00 pm	17 <u>Zumba</u> 9:45 am - 10:30 am  <u>Ballet Barre</u> 10:30 am - 11:15 am  <u>Line Dancing with Val</u> 11:00 am - 12:00 pm  <u>Ageless Grace</u> 2:00 pm - 3:00 pm  <u>Afternoon Tea</u> 3:00 pm - 5:00 pm  <u>Tuesday night Darts</u> 7:00 pm - 9:30 pm	18	19 <u>Emergency Preparedness, Cyber Security Tips &amp; Crime Prevention</u> 1:00 pm - 3:00 pm  <u>Ridgeway Lions Pasta Dinner</u> 4:00 pm - 6:30 pm	20	21 <u>Ridgeway Fall Market &amp; Breakfast</u> 8:00 am - 12:00 pm

22	<p><b><u>Social Walking Club</u></b> 9:30 am - 10:30 am</p> <p><b><u>DanceFit</u></b> 4:00 pm - 5:00 pm</p> <p><b><u>Qigong</u></b> 5:00 pm - 6:00 pm</p> <p><b><u>Line Dancing Level 1</u></b> 6:00 pm - 7:00 pm</p> <p><b><u>Midnight Massacre - A Murder Mystery at Brimstone Brewing Company</u></b> 6:30 pm - 7:00 pm</p> <p><b><u>Women's Self Defense 4 Week Workshop</u></b> 7:00 pm - 8:00 pm</p>	<p><b><u>Tai Chi</u></b> 8:45 am - 9:45 am</p> <p><b><u>Zumba</u></b> 9:45 am - 10:30 am</p> <p><b><u>Ballet Barre</u></b> 10:30 am - 11:15 am</p> <p><b><u>Line Dancing with Val</u></b> 11:00 am - 12:00 pm</p> <p><b><u>Ageless Grace</u></b> 2:00 pm - 3:00 pm</p> <p><b><u>Afternoon Tea</u></b> 3:00 pm - 5:00 pm</p> <p><b><u>Tuesday night Darts</u></b> 7:00 pm - 9:30 pm</p>	25	<p><b><u>Rotary Club of Fort Erie - Name That Tune</u></b> 2:00 pm - 4:00 pm</p>	27	<p><b><u>Ridgeway Fall Market &amp; Breakfast</u></b> 8:00 am - 12:00 pm</p> <p><b><u>Rotary Club of Fort Erie - Rotzi Halloween Event</u></b> 11:00 am - 3:00 pm</p> <p><b><u>Bridgeburg BIA Halloween Event</u></b> 11:00 am - 5:00 pm</p>
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<p>29</p> <p><u>Concerts continue</u> 5:00 pm - 6:00 pm</p>	<p>30</p> <p><u>Social Walking Club</u> 9:30 am - 10:30 am</p> <p><u>DanceFit</u> 4:00 pm - 5:00 pm</p> <p><u>Qigong</u> 5:00 pm - 6:00 pm</p> <p><u>Line Dancing Level 1</u> 6:00 pm - 7:00 pm</p> <p><u>Women's Self Defense 4 Week Workshop</u> 7:00 pm - 8:00 pm</p> <p><u>Monday Night at the Movies</u> 7:00 pm - 9:00 pm</p>	<p>31</p> <p><u>Tai Chi</u> 8:45 am - 9:45 am</p> <p><u>Zumba</u> 9:45 am - 10:30 am</p> <p><u>Ballet Barre</u> 10:30 am - 11:15 am</p> <p><u>Line Dancing with Val</u> 11:00 am - 12:00 pm</p> <p><u>Ageless Grace</u> 2:00 pm - 3:00 pm</p> <p><u>Afternoon Tea</u> 3:00 pm - 5:00 pm</p> <p><u>Tuesday night Darts</u> 7:00 pm - 9:30 pm</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>
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