

## Monday, July 1, 2024

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### Canada Day Fireworks

Date and Time: Monday, July 1 10:00 pm - 11:00 pm

Address: Niagara River between the Old Fort and Peace Bridge

Annual Fireworks Display July 1, 2024 ( rain date of July 2, 2024)

Celebrate Canada Day in the Fort Erie with a stunning firework display at 10pm along Fort Erie's beautiful waterfront. Best viewing is along the Niagara River between the Old Fort and Peace Bridge. Lakeshore Road will be closed between Beatrice Street and Dominion Road.

## Tuesday, July 2, 2024

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### Afternoon Tea

Date and Time: Tuesday, July 2 5:00 pm - 6:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Come and join us for a fun social activity at our weekly, traditional Afternoon Tea. Meet, socialize and enjoy a traditional afternoon tea of scrumptious scones, jam and cream, all served in beautiful vintage china. Come alone, with your partner, family, neighbours and friends. Everyone is welcome! Cost is just \$5 (or by donation). To reserve your spot contact [jacquibudd.acb@gmail.com](mailto:jacquibudd.acb@gmail.com)

## Wednesday, July 3, 2024

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### Indoor Shuffleboard

Date and Time: Wednesday, July 3 10:00 am

Address: 265 High Street

Fort Erie Lions Senior Centre has Indoor Shuffleboard. Come and play. Beginners are welcome.

### Celebrating Douglas Memorial Hospitals 93rd Birthday

Date and Time: Wednesday, July 3 4:00 pm - 7:00 pm

Address: Douglas Park ( Bertie St and Aberdeen St.)

We're celebrating Douglas Memorial Hospitals 93rd Birthday on **July 3rd**. If you're early there will be cake and balloons

! The party will be at **Douglas Park** on the corner of Bertie St and Aberdeen in Fort Erie. We will start at **4 pm and run until 7 pm**. Mark your calendars you don't want to miss this opportunity to show our appreciation for everything that this hospital has been able to do for our town.

It was given to us through Doctor Douglas himself and has been there for many people throughout Fort Erie and the surrounding areas. Come share some stories and let's talk about how we can make sure that our hospital stays with us for another 93 years!

Go to our events page and let us know if you will be joining us.

## **Thursday, July 4, 2024**

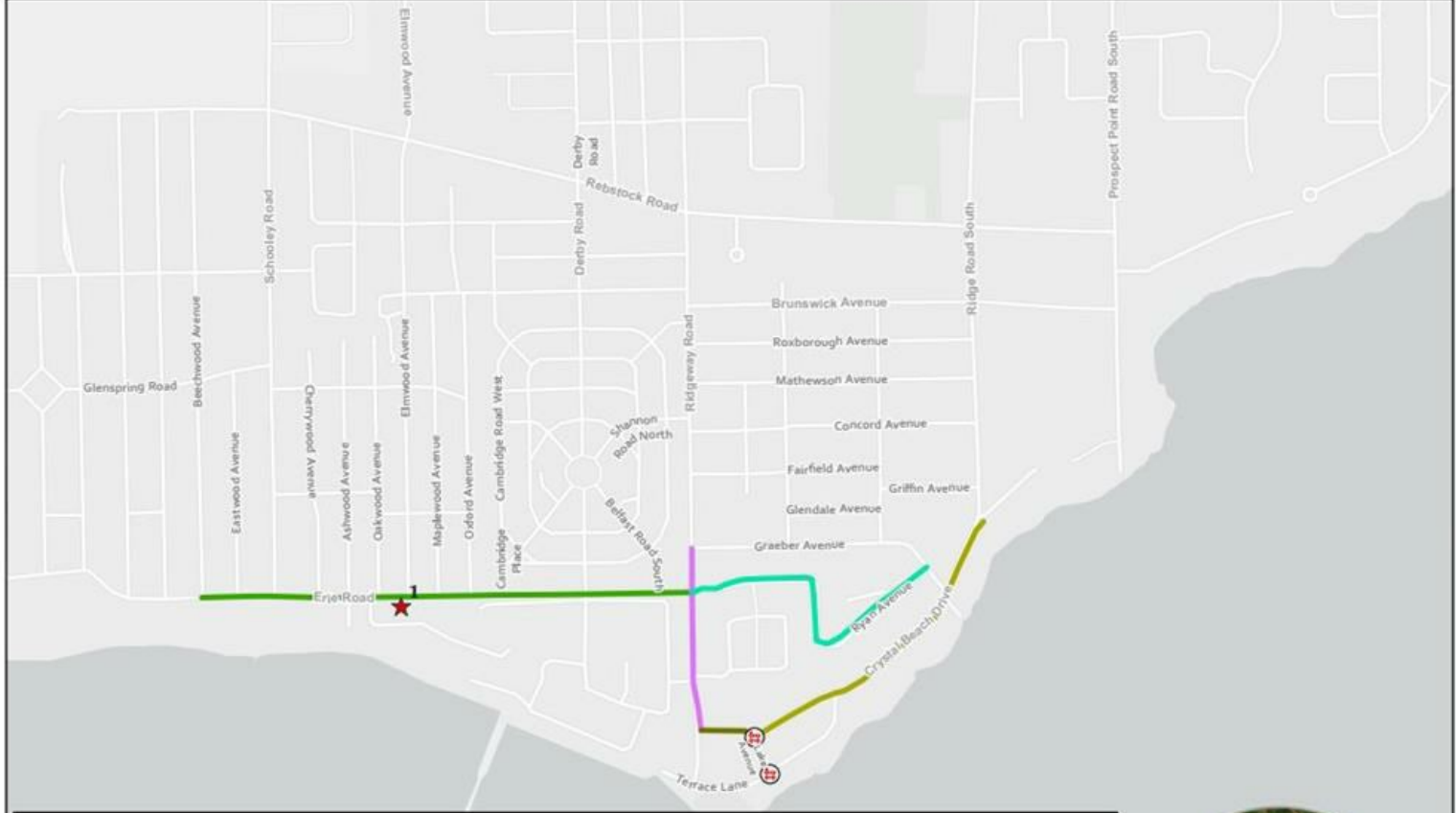
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### **Crystal Beach Waterfront Supper Market**

Date and Time: Thursday, July 4 4:00 pm - 9:00 pm

Address: Crystal Beach Waterfront Park, Crystal Beach, ON, Canada, Ontario

Come join us for the 2024 Season CB SupperMarket party in the park and soak in those Crystal Beach vibes and indulge in some of Niagara's best food trucks, local wine and beer.



**Crystal Beach Supper Market Parking Restrictions and Road Closures**

<ul style="list-style-type: none"> <li> Shuttle Pickup/Drop Off Locations</li> <li>1. The vacant lot on Erie Road across from Oakwood Ave and Elmwood Ave.</li> </ul>	<p><b>Road Closure</b></p> <ul style="list-style-type: none"> <li> Road Closure at Terrace Lane and Lake Avenue</li> <li> Road Closure at Lake Avenue and Crystal Beach Drive</li> </ul>	<p><b>Restricted Parking Zones</b></p> <ul style="list-style-type: none"> <li> Crystal Beach Drive (North Side From Ridgeway Road To Lake Avenue)</li> <li> Crystal Beach Drive (South Side From Lake Avenue To Ridge Road S)</li> <li> Erie Road (South Side)</li> <li> Ryan Road (South Side From Ridgeway Road to Graeber Avenue )</li> </ul>
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# Friday, July 5, 2024

## RBIA Ridgifest Summer Festival

Date and Time: Friday, July 5 5:00 pm - 11:00 pm

Address: Ridge Road

Mark your calendars, it's almost time for Ridgifest 2024! Join us from Friday July 5th evening to Saturday July 6th for tons of fun. We'll have various food and shopping vendors along with live music, kids activities and much more. Our Friday opening night headliner is brought to you by the legendary Stuck in the 90's bringing us an evening full of live music and fun you won't forget 🎵

The Car Show will be held in the usual place but on Saturday as part of our Ridgifest.

Sunday will be business as usual and back to normal.

Stay tuned for more information!

## Andy Penkow from Down Under

Date and Time: Friday, July 5 6:00 pm - 9:00 pm

Address: 209 Ridge Road North

Andy Penkow is coming all the way from Australia and he is stopping at Brimstone Brewing. We are excited to meet him and hear his talent.

Music starts at 6 pm. Admission is free.

## **Saturday, July 6, 2024**

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### **Ridgeway BIA Farmer's Market**

Date and Time: Saturday, July 6 8:00 am - 2:00 pm

Address: Municipal Parking lot across from Village Square - Downtown Ridgeway

Annual Ridgeway Farmers Market from 8-1pm starting May 11th until October 12th 2024.

### **RBIA Ridgefest Summer Festival**

Date and Time: Saturday, July 6 8:00 am - 11:00 pm

Address: Ridge Road

Mark your calendars, it's almost time for Ridgefest 2024! Join us from Friday July 5th evening to Saturday July 6th for tons of fun. We'll have various food and shopping vendors along with live music, kids activities and much more. Our Friday opening night headliner is brought to you by the legendary Stuck in the 90's bringing us an evening full of live music and fun you won't forget 🎸

The Car Show will be held in the usual place but on Saturday as part of our Ridgefest.

Sunday will be business as usual and back to normal.

Stay tuned for more information!

### **Beachcomber Summer Bazaar**

Date and Time: Saturday, July 6 10:00 am - 3:00 pm

Address: 237 Ridge Rd N



# Beachcombers Summer Bazaar



Sat July 6th, 2024

10 AM - 3 PM  
237 Ridge Rd N



Bake Sale  
Craft Sale  
Food and Drinks  
Ice Cream Sundaes  
Outdoor entertainment  
games  
Penny Table Baskets  
Rummage Sale  
50/50 draw



For more information:  
phone : [905-894-6106](tel:905-894-6106) or  
Email : [bazaar@beachcombersc.com](mailto:bazaar@beachcombersc.com)

*In conjunction with Ridgeway BIA's RidgeFest*

237 RIDGE ROAD N. RIDGEWAY, ON  
905-894-6106  
[BEACHCOMBERS@COSECO.NET](mailto:BEACHCOMBERS@COSECO.NET)  
[HTTP://WWW.BEACHCOMBERSC.COM/](http://www.beachcombersc.com/)

CHASSI  
FORT-ERIE

## CB BIA - Groove in the Grove

Date and Time: Saturday, July 6 5:00 pm - 7:35 pm

Address: The Grove - Crystal Beach

CB BIA - Groove in the Grove

Saturdays 5-7:30pm

Bring your friends and your dancing shoes and get your groove on.

## Barrel Down @ Brimstone Brewing Company

Date and Time: Saturday, July 6 6:00 pm - 9:00 pm

Address: 209 Ridge Road North

Barrel Down to returning to Brimstone 's Patio and we couldn't be happier. These guys always bring the good times with them. Get ready to sing along and dance around.

Music starts at 6 pm. The admission is free and the drinks are cold.

Barrel Down are a 3-piece acoustic cover band from the Niagara Region, playing popular hits from the 60's, 70's, 80's and through to today. The trio of Mike Cocco (bass, vocals, harmonica), Dan Nicoletti (guitar, vocals, mandolin) and Troy Butler (lead guitar), enjoy taking their love of music to local breweries, wineries and pubs throughout Niagara. Imagine Dragons, The Tragically Hip, Bon Jovi, Great Big Sea and The Lumineers are just a few of a wide range of bands they love to play. So come out, enjoy, and get down with Barrel Down!

## Sunday, July 7, 2024

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### Friends of Crystal Beach Waterfront Park Concert Series

Date and Time: Sunday, July 7 7:00 pm - 9:00 pm

Address: 3855 Terrace Lane, Crystal Beach, ON L0S1B0

Friends of Crystal Beach

Summer Concert Series 2024:

NO ALCOHOL ALLOWED

Water Front Park is a smoking and vaping free park  
Water Front Park, Crystal Beach

3855 Terrace Lane

**Sunday, July 7, Revolver & Friends (Beatles & Friends) 7:00-9:00pm**

**Sunday, July 14, Epic Eagles Tribute Band 7:00-9:00pm**

**Sunday, August 11, Rene Huard Project (Rocking Blues) 6:00 - 8:00 PM**

**Sunday, August 18, Toronto All Star Big Band 6:00 - 8:00 PM**

**Sunday, August 25, Neon Dirty (Funk, Rock, Pop & Country) 6:00 - 8:00 PM**

## Monday, July 8, 2024

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### Yoga

Date and Time: Monday, July 8 12:00 pm - 1:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join us for a relaxing hour of gentle yoga using either the mat or chair, your choice

## Line Dancing

Date and Time: Monday, July 8 6:00 pm - 7:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join us for a fun hour of learning and dancing a choreographed set of line dances with instructor Lorraine Young.

## Tuesday, July 9, 2024

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### Zumba

Date and Time: Tuesday, July 9 9:45 am - 10:30 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for a fast paced 45-minute fitness class that involves cardio and high and low intensity Latin-inspired dance moves, designed to get your heart rate up and boost cardio endurance.

### Ballet Barre

Date and Time: Tuesday, July 9 10:30 am - 11:15 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for 45 mins intensive ballet barre class that will exercise and tone all your muscles using the barre, mat and light weights, a great workout to fun music.

### Afternoon Tea

Date and Time: Tuesday, July 9 3:00 pm - 4:30 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Come and join us for a fun social activity at our weekly, traditional Afternoon Tea. Meet, socialize and enjoy a traditional afternoon tea of scrumptious scones, jam and cream, all served in beautiful vintage china. Come alone, with your partner, family, neighbours and friends. Everyone is welcome! Cost is just \$5 (or by donation). To reserve your spot contact [jacquibudd.acb@gmail.com](mailto:jacquibudd.acb@gmail.com)

## Wednesday, July 10, 2024

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# Indoor Shuffleboard

Date and Time: Wednesday, July 10 10:00 am

Address: 265 High Street

Fort Erie Lions Senior Centre has Indoor Shuffleboard. Come and play. Beginners are welcome.

## Thursday, July 11, 2024

### Crystal Beach Waterfront Supper Market

Date and Time: Thursday, July 11 4:00 pm - 9:00 pm

Address: Crystal Beach Waterfront Park, Crystal Beach, ON, Canada, Ontario

Come join us for the 2024 Season CB SupperMarket party in the park and soak in those Crystal Beach vibes and indulge in some of Niagara's best food trucks, local wine and beer.





# Friday, July 12, 2024

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## Ky Anto @ Brimstone Brewing Company

Date and Time: Friday, July 12 6:00 pm - 9:00 pm

Address: 209 Ridge Road North

Ky Auto is visiting us again this summer and we couldn't be happier. Music starts at 7 pm. Admission is free and the drinks are cold and delicious.

Ky Anto is a Canadian born musician, multi-instrumentalist, singer/songwriter, engineer and producer.  
[www.kyanto.com](http://www.kyanto.com)

# Saturday, July 13, 2024

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## Ridgeway BIA Farmer's Market

Date and Time: Saturday, July 13 8:00 am - 2:00 pm

Address: Municipal Parking lot across from Village Square - Downtown Ridgeway

Annual Ridgeway Farmers Market from 8-1pm starting May 11th until October 12th 2024.

## CB BIA - Groove in the Grove

Date and Time: Saturday, July 13 5:00 pm - 7:35 pm

Address: The Grove - Crystal Beach

CB BIA - Groove in the Grove

Saturdays 5-7:30pm

Bring your friends and your dancing shoes and get your groove on.

## ONE NIGHT ONLY THREE - Comedy Show

Date and Time: Saturday, July 13 7:00 pm - 10:00 pm

Address: 99 Ridge Road South

ONE NIGHT ONLY THREE!!! "A Fist Full'a Funny"

The third annual comedy event is here, starring one of North America's funniest comedians, Tyler Morrison! Known for his working-class humour, Tyler has been headlining comedy clubs across Canada and has appeared in Andrew Schulz's Life Tour, The Roast of Tom Brady, The Roast of Ric Flair, Roast Battle Canada, Doug Stanhope's Second Wind Tour, and performed at the World Famous Comedy Store in Los Angeles.

Also featuring comics Tom O'Donnell, Robert Khakham and hosted by Clint Hemsworth

Don't miss the best comedy event in Niagara, presented by Niagara's #1 podcast, Angels Live In My Town. Sponsored by Village Cannabis with food by The Sicilian Chef.

Date: Saturday, July 13th, 2024

Doors Open: 7 PM - Show Starts: 8 PM

Location: Crystal Ridge Community Centre

Tickets: \$25 in advance, \$30 at the door

CASH BAR

## Sunday, July 14, 2024

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### Friends of Crystal Beach Waterfront Park Concert Series

Date and Time: Sunday, July 14 7:00 pm - 9:00 pm

Address: 3855 Terrace Lane, Crystal Beach, ON L0S1B0

Friends of Crystal Beach

Summer Concert Series 2024:

NO ALCOHOL ALLOWED

Water Front Park is a smoking and vaping free park  
Water Front Park, Crystal Beach

3855 Terrace Lane

**Sunday, July 7, Revolver & Friends (Beatles & Friends) 7:00-9:00pm**

**Sunday, July 14, Epic Eagles Tribute Band 7:00-9:00pm**

**Sunday, August 11, Rene Huard Project (Rocking Blues) 6:00 - 8:00 PM**

**Sunday, August 18, Toronto All Star Big Band 6:00 - 8:00 PM**

**Sunday, August 25, Neon Dirty (Funk, Rock, Pop & Country) 6:00 - 8:00 PM**

## Monday, July 15, 2024

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## Social Walking Club

Date and Time: Monday, July 15 10:00 am - 11:00 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Please come and join us every Monday morning at 10AM for a relaxing (or speedy) walk around Crystal Beach. We will meet at Crystal Ridge Community Church on Elmwood where you can park your car; (if you need to) and walk for approximately 45 mins-1hour (weather dependant).

## Yoga

Date and Time: Monday, July 15 12:00 pm - 1:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join us for a relaxing hour of gentle yoga using either the mat or chair, your choice

## Line Dancing

Date and Time: Monday, July 15 6:00 pm - 7:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join us for a fun hour of learning and dancing a choreographed set of line dances with instructor Lorraine Young.

## Tuesday, July 16, 2024

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## Zumba

Date and Time: Tuesday, July 16 9:45 am - 10:30 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for a fast paced 45-minute fitness class that involves cardio and high and low intensity Latin-inspired dance moves, designed to get your heart rate up and boost cardio endurance.

## Ballet Barre

Date and Time: Tuesday, July 16 10:30 am - 11:15 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for 45 mins intensive ballet barre class that will exercise and tone all your muscles using the barre, mat and light weights, a great workout to fun music.

## Afternoon Tea

Date and Time: Tuesday, July 16 3:00 pm - 4:30 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Come and join us for a fun social activity at our weekly, traditional Afternoon Tea. Meet, socialize and enjoy a traditional afternoon tea of scrumptious scones, jam and cream, all served in beautiful vintage china. Come alone, with your partner, family, neighbours and friends. Everyone is welcome! Cost is just \$5 (or by donation). To reserve your spot contact [t jacquibudd.acb@gmail.com](mailto:jacquibudd.acb@gmail.com)

## **Wednesday, July 17, 2024**

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### **Indoor Shuffleboard**

Date and Time: Wednesday, July 17 10:00 am

Address: 265 High Street

Fort Erie Lions Senior Centre has Indoor Shuffleboard. Come and play. Beginners are welcome.

## **Thursday, July 18, 2024**

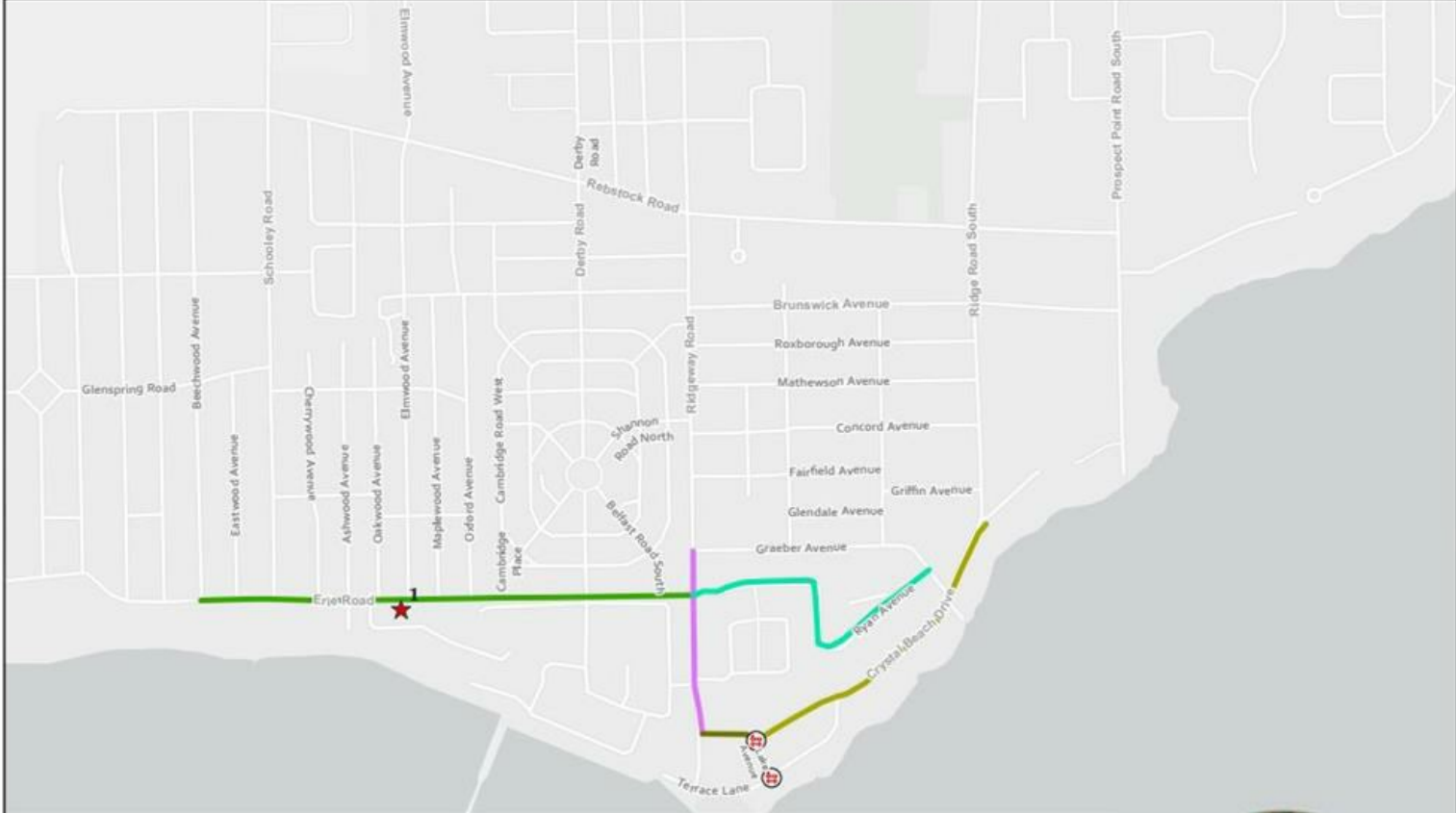
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### **Crystal Beach Waterfront Supper Market**

Date and Time: Thursday, July 18 4:00 pm - 9:00 pm

Address: Crystal Beach Waterfront Park, Crystal Beach, ON, Canada, Ontario

Come join us for the 2024 Season CB SupperMarket party in the park and soak in those Crystal Beach vibes and indulge in some of Niagara's best food trucks, local wine and beer.



**Crystal Beach Supper Market Parking Restrictions and Road Closures**

<ul style="list-style-type: none"> <li> Road Closure at Terrace Lane and Lake Avenue</li> <li> Road Closure at Lake Avenue and Crystal Beach Drive</li> <li> Shuttle Pickup/Drop Off Locations</li> </ul> <p>1. The vacant lot on Erie Road across from Oakwood Ave and Elmwood Ave.</p>	<p><b>Restricted Parking Zones</b></p> <ul style="list-style-type: none"> <li> Crystal Beach Drive (North Side From Ridgeway Road To Lake Avenue)</li> <li> Crystal Beach Drive (South Side From Lake Avenue To Ridge Road S)</li> <li> Erie Road (South Side)</li> <li> Ryan Road (South Side From Ridgeway Road to Graeber Avenue )</li> </ul>
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# Friday, July 19, 2024

## Will Rowe @ Brimstone Brewing Company

Date and Time: Friday, July 19 6:00 pm - 9:00 pm

Address: 209 Ridge Road North

Local musician Will Rowe is visiting our patio and we are thrilled. Please give him a warm welcome as he is entertaining us with the classic rock. Music starts at 6 pm, admission is free.

# Saturday, July 20, 2024

## Ridgeway BIA Farmer's Market

Date and Time: Saturday, July 20 8:00 am - 2:00 pm

Address: Municipal Parking lot across from Village Square - Downtown Ridgeway

Annual Ridgeway Farmers Market from 8-1pm starting May 11th until October 12th 2024.

## Friends of Crystal Beach - Circle of Art

Date and Time: Saturday, July 20 10:00 am - 5:00 pm

Address: Queen Circle Crystal Beach

10th Annual Circle Of Art

July 20, 2024

10:00 am - 5:00 pm

Art Show & Sale

Prizes & Entertainment

Queens Circle, Crystal Beach

## CB BIA - Groove in the Grove

Date and Time: Saturday, July 20 5:00 pm - 7:35 pm

Address: The Grove - Crystal Beach

CB BIA - Groove in the Grove

Saturdays 5-7:30pm

Bring your friends and your dancing shoes and get your groove on.

## Monday, July 22, 2024

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### Social Walking Club

Date and Time: Monday, July 22 10:00 am - 11:00 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Please come and join us every Monday morning at 10AM for a relaxing (or speedy) walk around Crystal Beach. We will meet at Crystal Ridge Community Church on Elmwood where you can park your car; (if you need to) and walk for approximately 45 mins-1hour (weather dependant).

### Yoga

Date and Time: Monday, July 22 12:00 pm - 1:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join us for a relaxing hour of gentle yoga using either the mat or chair, your choice

## Line Dancing

Date and Time: Monday, July 22 6:00 pm - 7:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join us for a fun hour of learning and dancing a choreographed set of line dances with instructor Lorraine Young.

## Tuesday, July 23, 2024

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### Zumba

Date and Time: Tuesday, July 23 9:45 am - 10:30 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for a fast paced 45-minute fitness class that involves cardio and high and low intensity Latin-inspired dance moves, designed to get your heart rate up and boost cardio endurance.

### Ballet Barre

Date and Time: Tuesday, July 23 10:30 am - 11:15 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for 45 mins intensive ballet barre class that will exercise and tone all your muscles using the barre, mat and light weights, a great workout to fun music.

### Monthly Themed "Beachwear" Afternoon Tea

Date and Time: Tuesday, July 23 3:00 pm - 4:30 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join us for a fun social activity at our monthly themed "Beachwear" Afternoon Tea. Put on your sarongs, wraps, shorts and beach hats (bikinis and speedos optional LOL!) and come meet, socialize and enjoy a traditional afternoon tea of scrumptious scones, jam and cream, along with some extra delights. Come alone, with your partner, family, neighbours and friends. Everyone is welcome! Cost is just \$5 (or by donation). To reserve your spot or group table contact [jacquibud.d.acb@gmail.com](mailto:jacquibud.d.acb@gmail.com)

## Wednesday, July 24, 2024

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### Indoor Shuffleboard

Date and Time: Wednesday, July 24 10:00 am

Address: 265 High Street

Fort Erie Lions Senior Centre has Indoor Shuffleboard. Come and play. Beginners are welcome.

## Thursday, July 25, 2024

### Crystal Beach Waterfront Supper Market

Date and Time: Thursday, July 25 4:00 pm - 9:00 pm

Address: Crystal Beach Waterfront Park, Crystal Beach, ON, Canada, Ontario

Come join us for the 2024 Season CB SupperMarket party in the park and soak in those Crystal Beach vibes and indulge in some of Niagara's best food trucks, local wine and beer.





Date and Time: Thursday, July 25 5:00 pm - 6:00 pm

Address: Montasola Stables Montasola Stables, 1500 Stevensville Rd, Stevensville, ON L0S 1S0 Directions

**STEVENSVILLE RAM RODEO SCHEDULE  
AUGUST 2, 3, 4 & 5 - 2024 - MONTASOLA FARM  
1500 STEVENSVILLE RD FORT ERIE**

**Friday**

4PM Grounds Open

6PM Team Challenge

(pole bending, Barrel Racing Pick Up Race and More)

8PM Rough Stock Ride-Off with The Reeb House Reeborn x Ranchy

9PM Live Music with Chippawa Dirty

12AM Grounds Close

**aturday**

11AM Grounds Open – Vendors & Food

12PM-2PM Cattle Sorting

3PM Kids Rodeo

4PM Ram Rodeo Performance/**Intermission Performance by Troy Soper**

630PM Live Country Concert

Coty Robinson (Opening)

Katch-22

Rivertown Saints

1AM Grounds Close

**Sunday**

11AM Grounds Open – Vendors & Food

12PM-2PM Cattle Sorting

3PM Kids Rodeo

4PM Ram Rodeo Performance/**Intermission Performance by Andy Colonico**

630PM Live Country Concert

Allie Colleen (Opening)

Kelsi Mayne

Elyse Saunders

1AM Grounds Close

## **Monday**

10AM Grounds Open – Vendors & Food

12PM Kids Rodeo

1PM Ram Rodeo Performance/**Intermission Performance by Double Wide**

6PM Grounds Close

## **Friday, July 26, 2024**

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### **Kevin California @Brimstone Brewing Company**

Date and Time: Friday, July 26 6:00 pm - 9:00 pm

Address: 209 Ridge Road North

We are very happy to welcome Kevin California back to our patio.

We love his original music and we are sure you will, too.

Music starts at 6 pm. Admission is free and the beer cold.

Kevin California is a singer-songwriter-producer whose origins began from the warmth of the west coast in 2014. Almost a decade has passed and he has taken with him a solo artistry, compact with picturesque music videos and emotionally charged live performances, from the footsteps of Venice Beach to l'amour de Montréal and now to The Beaches of Toronto. His adage has been one thing and one thing only, "I go wherever the music takes me".

## **Saturday, July 27, 2024**

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### **Ridgeway BIA Farmer's Market**

Date and Time: Saturday, July 27 8:00 am - 2:00 pm

Address: Municipal Parking lot across from Village Square - Downtown Ridgeway

Annual Ridgeway Farmers Market from 8-1pm starting May 11th until October 12th 2024.

### **CB BIA - Groove in the Grove**

Date and Time: Saturday, July 27 5:00 pm - 7:35 pm

Address: The Grove - Crystal Beach

CB BIA - Groove in the Grove

Saturdays 5-7:30pm

Bring your friends and your dancing shoes and get your groove on.

## **Monday, July 29, 2024**

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### **Social Walking Club**

Date and Time: Monday, July 29 10:00 am - 11:00 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Please come and join us every Monday morning at 10AM for a relaxing (or speedy) walk around Crystal Beach. We will meet at Crystal Ridge Community Church on Elmwood where you can park your car; (if you need to) and walk for approximately 45 mins-1hour (weather dependant).

### **Yoga**

Date and Time: Monday, July 29 12:00 pm - 1:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join us for a relaxing hour of gentle yoga using either the mat or chair, your choice

### **Line Dancing**

Date and Time: Monday, July 29 6:00 pm - 7:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join us for a fun hour of learning and dancing a choreographed set of line dances with instructor Lorraine Young.

## **Tuesday, July 30, 2024**

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### **Zumba**

Date and Time: Tuesday, July 30 9:45 am - 10:30 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for a fast paced 45-minute fitness class that involves cardio and high and low intensity Latin-inspired dance moves, designed to get your heart rate up and boost cardio endurance.

## Ballet Barre

Date and Time: Tuesday, July 30 10:30 am - 11:15 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for 45 mins intensive ballet barre class that will exercise and tone all your muscles using the barre, mat and light weights, a great workout to fun music.

## Afternoon Tea

Date and Time: Tuesday, July 30 3:00 pm - 4:30 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Come and join us for a fun social activity at our weekly, traditional Afternoon Tea. Meet, socialize and enjoy a traditional afternoon tea of scrumptious scones, jam and cream, all served in beautiful vintage china. Come alone, with your partner, family, neighbours and friends. Everyone is welcome! Cost is just \$5 (or by donation). To reserve your spot contact [jacquibudd.acb@gmail.com](mailto:jacquibudd.acb@gmail.com)

## Wednesday, July 31, 2024

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### Indoor Shuffleboard

Date and Time: Wednesday, July 31 10:00 am

Address: 265 High Street

Fort Erie Lions Senior Centre has Indoor Shuffleboard. Come and play. Beginners are welcome.

<https://calendar.forterie.ca>