## Friday, March 1, 2024

## An evening with Spencer MacKenzie

Date and Time: Friday, March 1 7:30 pm - 10:15 pm

Address: 209 Ridge Road North

Spencer MacKenzie is back at The Sanctuary - Centre for the Arts on March 1st and we are so excited. This is a seated event. Doors open at 7:30 pm, show starts at 8 pm. Tickets are available on www.ticketscene.ca.

# Saturday, March 2, 2024

## Fort Erie Lions Trivia Night

Date and Time: Saturday, March 2 5:15 pm - 9:30 pm

Address: 265 High Street

Join the Fort Erie Lions for a night of Trivia. Saturday, March 2nd. \$25.00 per person. Reserve a table of 6 - 8 max. Ticket includes pizza and snacks. Cash bar serving wine, beer, pop and water. Doors open at 5:15pm, Trivi a begins at 6:00pm. Tickets must be pre-purchased. No walk-up sales the night of the event. Purchase tickets on line at <a href="https://www.forterielions.com">www.forterielions.com</a> (Events/Event Tickets) or at the Fort Erie Lions Seniors Centre (cash only). Fun draising proceeds to go to support Fort Erie Lions community projects.

## Monday, March 4, 2024

## Yoga

Date and Time: Monday, March 4 12:00 pm - 1:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Enjoy a relaxing lunchtime hour of yoga with instructor Scherri Dickson.

#### **DanceFit**

Date and Time: Monday, March 4 4:00 pm - 5:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Come and enjoy a series of low impact, jazzercized style DanceFit steps instructed by Donna Stein. Lots of fun and fitness to great music.

### **Ballroom Dance Lessons**

Date and Time: Monday, March 4 5:00 pm - 6:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join instructor Donna Stein and learn how to do the Waltz and Latin Hustle. Bring a partner or come on your o wn, we will partner up.

## **Line Dancing Level 1**

Date and Time: Monday, March 4 6:00 pm - 7:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join us for a fun hour of learning and dancing a choreographed set of line dances with instructor Lorraine Youn g.

# Tuesday, March 5, 2024

### **Z**umba

Date and Time: Tuesday, March 5 9:45 am - 10:30 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for a fun and fast-paced 45-minute fitness class that involves cardio, and latin-inspired high and low intensity dance moves, designed to get your heart rate up and boost cardio endurance.

### **Ballet Barre**

Date and Time: Tuesday, March 5 10:30 am - 11:15 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for 45 mins intensive ballet barre class that will exercise and tone all your muscles using the barre, mat and light weights, a great workout to fun music.

### **Afternoon Tea**

Date and Time: Tuesday, March 5 3:00 pm - 4:30 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Come and join us for a fun social activity on Tuesday afternoons; where we can meet, socialize, enjoy a traditio nal afternoon tea of scrumptious scones, jam and cream. Come alone, with your partner, family, neighbours and friends. Everyone is welcome!

## **Tuesday night Darts**

Date and Time: Tuesday, March 5 7:00 pm - 9:30 pm

Address: 228 South Mill St.

Open to everyone - Fun darts - blind draw weekly

# Wednesday, March 6, 2024

### **Cook Dinner With Me For Under \$10**

Date and Time: Wednesday, March 6 5:00 pm - 6:00 pm

Address: 1485 Garrison Road

Join Registered Dietitian, Christina, in an online session over dinner time to learn tips and strategies to cope wi th the rising costs of food and to cook alongside her as she prepares a healthy, family sized meal under \$10. For more information or to register, contact <a href="mailto:info@bridgeschc.ca">info@bridgeschc.ca</a> or 905-871-7621 ext. 0

# Saturday, March 9, 2024

## Friends of the Library - Book Sale

Date and Time: Saturday, March 9 10:00 am - 4:00 pm

Address: Fort Erie Public Library - Crystal Ridge Branch - 89 Ridge Rd S, Ridgeway, ON LOS 1N0

Friends of the Library - Book Sale in support of fundraising for FEPL.

## Monday, March 11, 2024

## Yoga

Date and Time: Monday, March 11 12:00 pm - 1:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Enjoy a relaxing lunchtime hour of yoga with instructor Scherri Dickson.

#### **DanceFit**

Date and Time: Monday, March 11 4:00 pm - 5:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Come and enjoy a series of low impact, jazzercized style DanceFit steps instructed by Donna Stein. Lots of fun and fitness to great music.

#### **Ballroom Dance Lessons**

Date and Time: Monday, March 11 5:00 pm - 6:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join instructor Donna Stein and learn how to do the Waltz and Latin Hustle. Bring a partner or come on your o wn, we will partner up.

## **Line Dancing Level 1**

Date and Time: Monday, March 11 6:00 pm - 7:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join us for a fun hour of learning and dancing a choreographed set of line dances with instructor Lorraine Youn g.

# Tuesday, March 12, 2024

#### Zumba

Date and Time: Tuesday, March 12 9:45 am - 10:30 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for a fun and fast-paced 45-minute fitness class that involves cardio, and latin-inspired high and low intensity dance moves, designed to get your heart rate up and boost cardio endurance.

### **Ballet Barre**

Date and Time: Tuesday, March 12 10:30 am - 11:15 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for 45 mins intensive ballet barre class that will exercise and tone all your muscles using the barre, mat and light weights, a great workout to fun music.

### **Afternoon Tea**

Date and Time: Tuesday, March 12 3:00 pm - 4:30 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Come and join us for a fun social activity on Tuesday afternoons; where we can meet, socialize, enjoy a traditio nal afternoon tea of scrumptious scones, jam and cream. Come alone, with your partner, family, neighbours and friends. Everyone is welcome!

### **Tuesday night Darts**

Date and Time: Tuesday, March 12 7:00 pm - 9:30 pm

Address: 228 South Mill St.

Open to everyone - Fun darts - blind draw weekly

# Monday, March 18, 2024

### Yoga

Date and Time: Monday, March 18 12:00 pm - 1:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Enjoy a relaxing lunchtime hour of yoga with instructor Scherri Dickson.

### **DanceFit**

Date and Time: Monday, March 18 4:00 pm - 5:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Come and enjoy a series of low impact, jazzercized style DanceFit steps instructed by Donna Stein. Lots of fun and fitness to great music.

#### **Ballroom Dance Lessons**

Date and Time: Monday, March 18 5:00 pm - 6:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join instructor Donna Stein and learn how to do the Waltz and Latin Hustle. Bring a partner or come on your o wn, we will partner up.

## **Line Dancing Level 1**

Date and Time: Monday, March 18 6:00 pm - 7:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join us for a fun hour of learning and dancing a choreographed set of line dances with instructor Lorraine Youn g.

## Tuesday, March 19, 2024

### Zumba

Date and Time: Tuesday, March 19 9:45 am - 10:30 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for a fun and fast-paced 45-minute fitness class that involves cardio, and latin-inspired high and low intensity dance moves, designed to get your heart rate up and boost cardio endurance.

### **Ballet Barre**

Date and Time: Tuesday, March 19 10:30 am - 11:15 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for 45 mins intensive ballet barre class that will exercise and tone all your muscles using the barre, mat and light weights, a great workout to fun music.

#### Afternoon Tea

Date and Time: Tuesday, March 19 3:00 pm - 4:30 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Come and join us for a fun social activity on Tuesday afternoons; where we can meet, socialize, enjoy a traditio nal afternoon tea of scrumptious scones, jam and cream. Come alone, with your partner, family, neighbours and friends. Everyone is welcome!

## **Niagara Health Community Engagement Session**

Date and Time: Tuesday, March 19 6:30 pm - 8:00 pm

Address: 3 Municipal Centre Dr, Fort Erie, ON L2A 2S6

Niagara Health is hosting a community engagement session at the Fort Erie Leisurplex Banquet Hall for reside nts to learn more about the three-site hospital system, ask questions about our transformation and provide input

See our full list of engagements on our website, NiagaraHealth.on.ca/Our-Future-Community-Engagement

## **Tuesday night Darts**

Date and Time: Tuesday, March 19 7:00 pm - 9:30 pm

Address: 228 South Mill St.

Open to everyone - Fun darts - blind draw weekly

## Thursday, March 21, 2024

## **Ridgeway Lions Pasta Dinner**

Date and Time: Thursday, March 21 4:00 pm - 6:30 pm

Address: Crystal Ridge Community Centre, 99 Ridge Road South, Crystal Beach

Serving Spaghetti, Penne, Home Made Meatballs, Sausage, Salad, Bread, Cookies, Tea and Coffee, Adults \$12. 00, Children under 10 \$6.00, Under 5 Free, Dine In or Take Out, Cash, Debit or Credit

# Saturday, March 23, 2024

## **Bootleg Creedence - A Tribute to Creedence Clearwater Revival SOLD OUT**

Date and Time: Saturday, March 23 7:30 pm - 10:15 pm

Address: 209 Ridge Road North

Bootleg Creedence are back playing all the hits by Creedence Clearwater Revival on March 23. This show will be mostly seated. Doors open at 7:30 pm, show starts at 8 pm. Tickets are available at <a href="https://www.ticketscene.ca">www.ticketscene.ca</a>. S OLD OUT

## Monday, March 25, 2024

## Yoga

Date and Time: Monday, March 25 12:00 pm - 1:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Enjoy a relaxing lunchtime hour of yoga with instructor Scherri Dickson.

### **DanceFit**

Date and Time: Monday, March 25 4:00 pm - 5:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Come and enjoy a series of low impact, jazzercized style DanceFit steps instructed by Donna Stein. Lots of fun and fitness to great music.

### **Ballroom Dance Lessons**

Date and Time: Monday, March 25 5:00 pm - 6:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join instructor Donna Stein and learn how to do the Waltz and Latin Hustle. Bring a partner or come on your o wn, we will partner up.

## **Line Dancing Level 1**

Date and Time: Monday, March 25 6:00 pm - 7:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join us for a fun hour of learning and dancing a choreographed set of line dances with instructor Lorraine Youn g.

## Tuesday, March 26, 2024

#### Zumba

Date and Time: Tuesday, March 26 9:45 am - 10:30 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for a fun and fast-paced 45-minute fitness class that involves cardio, and latin-inspired high and low intensity dance moves, designed to get your heart rate up and boost cardio endurance.

#### **Ballet Barre**

Date and Time: Tuesday, March 26 10:30 am - 11:15 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for 45 mins intensive ballet barre class that will exercise and tone all your muscles using the barre, mat and light weights, a great workout to fun music.

## **Tuesday night Darts**

Date and Time: Tuesday, March 26 7:00 pm - 9:30 pm

Address: 228 South Mill St.

Open to everyone - Fun darts - blind draw weekly

https://calendar.forterie.ca