

February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
4	<p><u>Social Walking Club</u> 10:00 am - 10:45 am</p> <p><u>Yoga</u> 12:00 pm - 1:00 pm</p> <p><u>DanceFit</u> 4:00 pm - 5:00 pm</p> <p><u>Qigong</u> 5:00 pm - 6:00 pm</p> <p><u>Line Dancing Level 1</u> 6:00 pm - 7:00 pm</p>	<p><u>Qigong</u> 8:45 am - 9:45 am</p> <p><u>Zumba</u> 9:45 am - 10:30 am</p> <p><u>Ballet Barre</u> 10:30 am - 11:15 am</p> <p><u>Afternoon Tea</u> 3:00 pm - 4:30 pm</p> <p><u>New Year, New You</u> 4:00 pm - 5:00 pm</p> <p><u>Tuesday night Darts</u> 7:00 pm - 9:30 pm</p>	<p><u>Hot Topics: Diabetes Pattern Management</u> 3:00 pm - 4:00 pm</p> <p><u>Cook Dinner With Me For Under \$10</u> 5:00 pm - 6:00 pm</p>	<p><u>The Good Food Box</u> 8:30 am</p> <p><u>Hot Topics: Dental Programs and Dental Health</u> 2:00 pm - 3:00 pm</p>	9	<p><u>An Evening with The Fleetwood Mac Experience</u> 7:30 pm - 10:30 pm</p>

11	<p><u>Social Walking Club</u> 10:00 am - 10:45 am</p> <p><u>Yoga</u> 12:00 pm - 1:00 pm</p> <p><u>DanceFit</u> 4:00 pm - 5:00 pm</p> <p><u>Qigong</u> 5:00 pm - 6:00 pm</p> <p><u>Line Dancing Level 1</u> 6:00 pm - 7:00 pm</p>	<p><u>Zumba</u> 9:45 am - 10:30 am</p> <p><u>Ballet Barre</u> 10:30 am - 11:15 am</p> <p><u>Valentines Afternoon Tea</u> 3:00 pm - 4:30 pm</p> <p><u>New Year, New You</u> 4:00 pm - 5:00 pm</p> <p><u>Tuesday night Darts</u> 7:00 pm - 9:30 pm</p>	14	<p><u>Pop Up Market</u> 10:00 am</p> <p><u>Ridgeway Lions Pasta Dinner</u> 4:00 pm - 6:30 pm</p>	15	16	17			
18	19	<p><u>Zumba</u> 9:45 am - 10:30 am</p> <p><u>Ballet Barre</u> 10:30 am - 11:15 am</p> <p><u>Afternoon Tea</u> 3:00 pm - 4:30 pm</p> <p><u>New Year, New You</u> 4:00 pm - 5:00 pm</p> <p><u>Tuesday night Darts</u> 7:00 pm - 9:30 pm</p>	20	<p><u>Bertie Historical Society Presentation</u> 6:00 pm - 8:00 pm</p>	21	<p><u>An evening with the Jimmy Rankin Trio - Harvest Highway</u> 7:30 pm - 10:00 pm</p>	22	23	24	<p><u>Coldest Night of the Year (Brain Injury Association of Fort Erie)</u> 4:00 pm - 7:00 pm</p>

25	26	27	28	29	1	2
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