

# December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 10:00 am Social Walking Club 12:00 pm Yoga 5:00 pm Qigong 6:00 pm Line Dancing Level 1	3 8:45 am Qigong 9:45 am Zumba 10:30 am Ballet Barre	4 10:00 am Indoor Shuffleboard	5	6 5:00 pm BGC Niagara - 2nd Annual Winter Market	7 7:30 pm An Evening with Ashley MacIsaac
8	9 10:00 am Social Walking Club 12:00 pm Yoga 5:00 pm Qigong 6:00 pm Line Dancing Level 1	10 8:45 am Qigong 9:45 am Zumba 10:30 am Ballet Barre	11 10:00 am Indoor Shuffleboard	12	13	14
15	16 10:00 am Social Walking Club 12:00 pm Yoga 5:00 pm Qigong 6:00 pm Line Dancing Level 1	17 8:45 am Qigong 9:45 am Zumba 10:30 am Ballet Barre	18 10:00 am Indoor Shuffleboard	19	20	21
22	23	24	25	26	27	28
29	30	31				