

## Monday, December 2, 2024

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### Social Walking Club

Date and Time: Monday, December 2 10:00 am - 11:00 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Please come and join us every Monday morning at 10AM for a relaxing (or speedy) walk around Crystal Beach. We will meet at Crystal Ridge Community Church on Elmwood where you can park your car; (if you need to) and walk for approximately 45 mins-1 hour (weather dependant).

### Yoga

Date and Time: Monday, December 2 12:00 pm - 1:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join us for a relaxing hour of gentle yoga using either the mat or chair, your choice. Class cost: \$5 (or by donation)

### Qigong

Date and Time: Monday, December 2 5:00 pm - 6:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Under the instruction of Mike Van Natter enjoy a relaxing hour of Qigong, a system of coordinated body-posture and movement, breathing, used for the purposes of health, spirituality, and martial-arts training. Class cost: \$5 (or by donation)

### Line Dancing Level 1

Date and Time: Monday, December 2 6:00 pm - 7:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join us for a fun hour of learning and dancing a choreographed set of line dances with instructor Loraine Young. Class cost: \$5 (or by donation)

## Tuesday, December 3, 2024

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### Qigong

Date and Time: Tuesday, December 3 8:45 am - 9:45 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Under the instruction of Mike Van Natter enjoy a relaxing hour of Qigong, a system of coordinated body-posture and movement, breathing, used for the purposes of health, spirituality, and martial-arts training

## Zumba

Date and Time: Tuesday, December 3 9:45 am - 10:30 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for a fast paced 45-minute fitness class that involves cardio and high and low intensity Latin-inspired dance moves, designed to get your heart rate up and boost cardio endurance.

## Ballet Barre

Date and Time: Tuesday, December 3 10:30 am - 11:15 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for 45 mins intensive ballet barre class that will exercise and tone all your muscles using the barre, mat and light weights, a great workout to fun music. Class cost: \$5 (or by donation) Class cost: \$5 (or by donation)

## Wednesday, December 4, 2024

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### Indoor Shuffleboard

Date and Time: Wednesday, December 4 10:00 am

Address: 265 High Street

Fort Erie Lions Senior Centre has Indoor Shuffleboard. Come and play. Beginners are welcome.

## Friday, December 6, 2024

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### BGC Niagara - 2nd Annual Winter Market

Date and Time: Friday, December 6 5:00 pm - 9:00 pm

Address: 1555 Garrison Road, Fort Erie, ON, L2A 2S6

Get into the holiday spirit at the BGC Niagara Winter Market!

Join us for our 2<sup>nd</sup> Annual Winter Market at the EJ Freeland Community Centre in Fort Erie. Celebrate the fest

ive season with an array of handmade arts and crafts, unique gifts, and local services – perfect for checking off your holiday shopping list. Whether you're on the hunt for one-of-a-kind items or looking to support local artists, our Winter Market offers something for everyone. Bring your friends and family to experience the magic of the season, shop locally, and make holiday memories!

### **Event Details:**

**Date & Time:** Friday, December 6, 2024 from 5:00pm-9:00pm

**Location:** EJ Freeland Community Centre, Fort Erie

**Admission:** Free for all shoppers!

**Holiday Toy Drive:** Spread the joy this season! We will be accepting toy and gift donations for our holiday Toy Drive, supporting children and youth served by BGC Niagara. Feel free to bring a donation and make a child's holiday extra special.

### **Interested in Becoming a Vendor?**

**Vendor Fee:** \$35 per vendor booth

**Payment:** Cash, debit, or credit made in person or by phone before November 25, 2024

**Application Deadline:** November 25, 2024

**Space:** 10 x 10 space, one 8-foot table permitted (not included)

**Table Rental:** \$10.00 per table rental (8-foot table), vendors welcome to bring their own table

**Raffle Donation:** Each vendor is required to donate an item valued at approximately \$20 for our raffle

**Set-Up:** After 3:00pm day of event

**Tear Down:** Vendors are expected to stay the full duration until 9:00pm and depart by 10:00pm

## **Saturday, December 7, 2024**

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### **An Evening with Ashley MacIsaac**

**Date and Time:** Saturday, December 7 7:30 pm - 10:15 pm

**Address:** 209 Ridge Road North

We are happy to welcome Master Fiddler Ashley MacIsaac back to The Sanctuary - Centre for the Arts. It's been a while since we had the honour to host him and we are beyond excited.

Ashley has garnered international acclaim by playing the fiddle in that hard-nosed, traditional Cape-Breton style, while adding his own spin, mixing genres and updating Celtic music to appeal to a broader spectrum of fans. Considered something of a local legend and prodigy by the time of his impressive 1992 debut *Close To The Floor*, Ashley broke through to the mainstream with the double-platinum genre-bending *Hi, How Are You Today?* in 1995. International radio play for the single, *Sleepy Maggie*, and a regular slot on *MuchMusic* made Ashley a

n instant Canadian icon.

Doors open at 7:30 pm, show starts at 8 pm. This is a seated show.

## Monday, December 9, 2024

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### Social Walking Club

Date and Time: Monday, December 9 10:00 am - 11:00 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Please come and join us every Monday morning at 10AM for a relaxing (or speedy) walk around Crystal Beach. We will meet at Crystal Ridge Community Church on Elmwood where you can park your car; (if you need to) and walk for approximately 45 mins-1 hour (weather dependant).

### Yoga

Date and Time: Monday, December 9 12:00 pm - 1:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join us for a relaxing hour of gentle yoga using either the mat or chair, your choice. Class cost: \$5 (or by donation)

### Qigong

Date and Time: Monday, December 9 5:00 pm - 6:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Under the instruction of Mike Van Natter enjoy a relaxing hour of Qigong, a system of coordinated body-posture and movement, breathing, used for the purposes of health, spirituality, and martial-arts training. Class cost: \$5 (or by donation)

### Line Dancing Level 1

Date and Time: Monday, December 9 6:00 pm - 7:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join us for a fun hour of learning and dancing a choreographed set of line dances with instructor Loraine Young. Class cost: \$5 (or by donation)

## Tuesday, December 10, 2024

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### Qigong

Date and Time: Tuesday, December 10 8:45 am - 9:45 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Under the instruction of Mike Van Natter enjoy a relaxing hour of Qigong, a system of coordinated body-posture and movement, breathing, used for the purposes of health, spirituality, and martial-arts training

## Zumba

Date and Time: Tuesday, December 10 9:45 am - 10:30 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for a fast paced 45-minute fitness class that involves cardio and high and low intensity Latin-inspired dance moves, designed to get your heart rate up and boost cardio endurance.

## Ballet Barre

Date and Time: Tuesday, December 10 10:30 am - 11:15 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for 45 mins intensive ballet barre class that will exercise and tone all your muscles using the barre, mat and light weights, a great workout to fun music. Class cost: \$5 (or by donation) Class cost: \$5 (or by donation)

## Wednesday, December 11, 2024

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### Indoor Shuffleboard

Date and Time: Wednesday, December 11 10:00 am

Address: 265 High Street

Fort Erie Lions Senior Centre has Indoor Shuffleboard. Come and play. Beginners are welcome.

## Monday, December 16, 2024

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### Social Walking Club

Date and Time: Monday, December 16 10:00 am - 11:00 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Please come and join us every Monday morning at 10AM for a relaxing (or speedy) walk around Crystal Beach. We will meet at Crystal Ridge Community Church on Elmwood where you can park your car; (if you need to) and walk for approximately 45 mins-1 hour (weather dependant).

## Yoga

Date and Time: Monday, December 16 12:00 pm - 1:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join us for a relaxing hour of gentle yoga using either the mat or chair, your choice. Class cost: \$5 (or by donation)

## Qigong

Date and Time: Monday, December 16 5:00 pm - 6:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Under the instruction of Mike Van Natter enjoy a relaxing hour of Qigong, a system of coordinated body-posture and movement, breathing, used for the purposes of health, spirituality, and martial-arts training. Class cost: \$5 (or by donation)

## Line Dancing Level 1

Date and Time: Monday, December 16 6:00 pm - 7:00 pm

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join us for a fun hour of learning and dancing a choreographed set of line dances with instructor Lorraine Young. Class cost: \$5 (or by donation)

## Tuesday, December 17, 2024

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## Qigong

Date and Time: Tuesday, December 17 8:45 am - 9:45 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Under the instruction of Mike Van Natter enjoy a relaxing hour of Qigong, a system of coordinated body-posture and movement, breathing, used for the purposes of health, spirituality, and martial-arts training

## Zumba

Date and Time: Tuesday, December 17 9:45 am - 10:30 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for a fast paced 45-minute fitness class that involves cardio and high and low intensity Latin-inspired dance moves, designed to get your heart rate up and boost cardio endurance.

## Ballet Barre

Date and Time: Tuesday, December 17 10:30 am - 11:15 am

Address: Crystal Ridge Community Church, 241 Elmwood Avenue, Crystal Beach

Join Holly for 45 mins intensive ballet barre class that will exercise and tone all your muscles using the barre, mat and light weights, a great workout to fun music. Class cost: \$5 (or by donation) Class cost: \$5 (or by donation)

## Wednesday, December 18, 2024

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### Indoor Shuffleboard

Date and Time: Wednesday, December 18 10:00 am

Address: 265 High Street

Fort Erie Lions Senior Centre has Indoor Shuffleboard. Come and play. Beginners are welcome.

<https://calendar.forterie.ca>