

# November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 10:45 am Social Walking Club 12:00 pm Yoga 5:00 pm Qigong 6:00 pm Line Dancing Level 1	5 8:45 am Qigong 9:45 am Zumba 10:30 am Ballet Barre 3:00 pm Afternoon Tea	6 10:00 am Indoor Shuffleboard	7 4:00 pm Save Our Hospital Spaghetti Dinner & Penny Table 7:30 pm JJ Wilde with Fionn	8	9 9:00 am Ridgeway LionessLions "Christmas Magic Craft Show" 6:00 pm Ryan Lunn at Brimstone Brewing Company
10	11 10:45 am Social Walking Club 12:00 pm Yoga 2:30 pm Holiday Season Floral Workshop 5:00 pm Qigong 6:00 pm Line Dancing Level 1	12 8:45 am Qigong 9:45 am Zumba 10:30 am Ballet Barre 3:00 pm Afternoon Tea	13 10:00 am Indoor Shuffleboard	14	15 7:30 pm Crown Lands with GEOFF	16 10:00 am Winter Greenhouse Art Fest
17	18 10:45 am Social Walking Club 12:00 pm Yoga 5:00 pm Qigong 6:00 pm Line Dancing Level 1	19 8:45 am Qigong 9:45 am Zumba 10:30 am Ballet Barre 3:00 pm Monthly Themed Afternoon Tea - Black and White	20 10:00 am Indoor Shuffleboard 6:00 pm Bertie Historical Society Presentation - War Songs Sing-A-Long with The St. John's Four	21	22 7:30 pm An Evening with ACDC Show Canada	23 5:00 pm Santa Clause Parade 6:00 pm Rita Visser at Brimstone Brewing Company
24	25 10:45 am Social Walking Club 12:00 pm Yoga 5:00 pm Qigong 6:00 pm Line Dancing Level 1	26 8:45 am Qigong 9:45 am Zumba 10:30 am Ballet Barre	27 10:00 am Indoor Shuffleboard	28	29 7:30 pm Great Lake Swimmers with Special Guests	