

October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>8:00 am Crystal Beach Farmers Market</p> <p>4:00 pm Concert featuring "Second Hand News"</p>	<p>2</p> <p>9:30 am Social Walking Club</p> <p>4:00 pm DanceFit</p> <p>5:00 pm Qigong</p> <p>6:00 pm Line Dancing Level 1</p> <p>7:00 pm Women's Self Defense 4 Week Workshop</p>	<p>3</p> <p>9:45 am Zumba</p> <p>10:30 am Ballet Barre</p> <p>11:00 am Line Dancing with Val</p> <p>2:00 pm Ageless Grace</p> <p>3:00 pm Afternoon Tea</p> <p>7:00 pm Tuesday night Darts</p>	<p>4</p>	<p>5</p>	<p>6</p>	<p>7</p>
<p>8</p> <p>8:00 am Crystal Beach Farmers Market</p>	<p>9</p>	<p>10</p> <p>9:45 am Zumba</p> <p>10:30 am Ballet Barre</p> <p>11:00 am Line Dancing with Val</p> <p>2:00 pm Ageless Grace</p> <p>3:00 pm Afternoon Tea</p> <p>7:00 pm Tuesday night Darts</p> <p>7:00 pm Beachcombers - Yoga</p> <p>7:00 pm Beachcombers - Yoga</p>	<p>11</p> <p>10:00 am Beachcombers - Advanced Line Dancing</p> <p>10:00 am Beachcombers - Advanced Line Dancing</p> <p>11:15 am Beachcombers - Yoga</p> <p>1:00 pm Beachcombers - Upholstery Class</p>	<p>12</p> <p>9:00 am Beachcombers Chair & Stand Exercises</p> <p>9:00 am Beachcombers Chair & Stand Exercises</p> <p>10:00 am Service Canada</p> <p>1:00 pm Beachcombers - Darts</p> <p>1:00 pm Beachcombers - Darts</p> <p>7:00 pm Beachcombers - Yoga</p>	<p>13</p> <p>9:00 am Beachcombers - Shuffleboard</p> <p>9:00 am Beachcombers - Shuffleboard</p> <p>9:30 am Beachcombers - Beginner's Line Dancing</p> <p>10:45 am Beachcombers - Chair Yoga</p> <p>10:45 am Beachcombers - Chair Yoga</p> <p>12:30 pm Beachcombers - Art Class</p> <p>12:30 pm Beachcombers - Art Class</p> <p>1:00 pm Beachcombers - Cribbage</p> <p>1:00 pm Beachcombers - Cribbage</p> <p>5:00 pm Beachcombers - Beginner's Line Dancing</p> <p>7:00 pm Crystal Journey At The Sanctuary</p>	<p>14</p> <p>8:00 am Ridgeway Fall Market & Breakfast</p>
<p>15</p> <p>4:00 pm British</p>	<p>16</p> <p>8:45 am Tai Chi</p>	<p>17</p> <p>9:45 am Zumba</p>	<p>18</p>	<p>19</p> <p>1:00 pm Emergency</p>	<p>20</p>	<p>21</p> <p>8:00 am</p>

Invasion event	<p>9:00 am Beachcombers - Shuffleboard</p> <p>9:00 am Beachcombers Chair & Stand Exercises</p> <p>9:30 am Social Walking Club</p> <p>4:00 pm DanceFit</p> <p>5:00 pm Qigong</p> <p>6:00 pm Line Dancing Level 1</p> <p>7:00 pm Women's Self Defense 4 Week Workshop</p>	<p>10:30 am Ballet Barre</p> <p>11:00 am Line Dancing with Val</p> <p>2:00 pm Ageless Grace</p> <p>3:00 pm Afternoon Tea</p> <p>7:00 pm Tuesday night Darts</p>		<p>Preparedness, Cyber Security Tips & Crime Prevention</p> <p>4:00 pm Ridgeway Lions Pasta Dinner</p>		<p>Ridgeway Fall Market & Breakfast</p>
22	<p>23</p> <p>9:30 am Social Walking Club</p> <p>4:00 pm DanceFit</p> <p>5:00 pm Qigong</p> <p>6:00 pm Line Dancing Level 1</p> <p>6:30 pm Midnight Massacre - A Murder Mystery at Brimstone Brewing Company</p> <p>7:00 pm Women's Self Defense 4 Week Workshop</p>	<p>24</p> <p>8:45 am Tai Chi</p> <p>9:45 am Zumba</p> <p>10:30 am Ballet Barre</p> <p>11:00 am Line Dancing with Val</p> <p>2:00 pm Ageless Grace</p> <p>3:00 pm Afternoon Tea</p> <p>7:00 pm Tuesday night Darts</p>	25	<p>26</p> <p>2:00 pm Rotary Club of Fort Erie - Name That Tune</p>	27	<p>28</p> <p>8:00 am Ridgeway Fall Market & Breakfast</p> <p>11:00 am Rotary Club of Fort Erie - Rotzi Halloween Event</p> <p>11:00 am Bridgeburg BIA Halloween Event</p>
<p>29</p> <p>5:00 pm Concerts continue</p>	<p>30</p> <p>9:30 am Social Walking Club</p> <p>4:00 pm DanceFit</p> <p>5:00 pm Qigong</p> <p>6:00 pm Line Dancing Level 1</p> <p>7:00 pm Women's Self Defense 4 Week Workshop</p> <p>7:00 pm Monday Night at the Movies</p>	<p>31</p> <p>8:45 am Tai Chi</p> <p>9:45 am Zumba</p> <p>10:30 am Ballet Barre</p> <p>11:00 am Line Dancing with Val</p> <p>2:00 pm Ageless Grace</p> <p>3:00 pm Afternoon Tea</p> <p>7:00 pm Tuesday night Darts</p>				