

October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:00 am Crystal Beach Farmers Market 4:00 pm Concert featuring "Second Hand News"	2 9:30 am Social Walking Club 4:00 pm DanceFit 5:00 pm Qigong 6:00 pm Line Dancing Level 1 7:00 pm Women's Self Defense 4 Week Workshop	3 9:45 am Zumba 10:30 am Ballet Barre 11:00 am Line Dancing with Val 2:00 pm Ageless Grace 3:00 pm Afternoon Tea 7:00 pm Tuesday night Darts	4	5	6	7
8 8:00 am Crystal Beach Farmers Market	9	10 9:45 am Zumba 10:30 am Ballet Barre 11:00 am Line Dancing with Val 2:00 pm Ageless Grace 3:00 pm Afternoon Tea 7:00 pm Tuesday night Darts 7:00 pm Beachcombers - Yoga 7:00 pm Beachcombers - Yoga	11 10:00 am Beachcombers - Advanced Line Dancing 10:00 am Beachcombers - Advanced Line Dancing 11:15 am Beachcombers - Yoga 1:00 pm Beachcombers - Upholstery Class	12 9:00 am Beachcombers Chair & Stand Exercises 9:00 am Beachcombers Chair & Stand Exercises 10:00 am Service Canada 1:00 pm Beachcombers - Darts 1:00 pm Beachcombers - Darts 7:00 pm Beachcombers - Yoga	13 9:00 am Beachcombers - Shuffleboard 9:00 am Beachcombers - Shuffleboard 9:30 am Beachcombers - Beginner's Line Dancing 10:45 am Beachcombers - Chair Yoga 10:45 am Beachcombers - Chair Yoga 12:30 pm Beachcombers - Art Class 12:30 pm Beachcombers - Art Class 1:00 pm Beachcombers - Cribbage 1:00 pm Beachcombers - Cribbage 5:00 pm Beachcombers - Beginner's Line Dancing 7:00 pm Crystal Journey At The Sanctuary	14 8:00 am Ridgeway Fall Market & Breakfast
15 4:00 pm British	16 8:45 am Tai Chi	17 9:45 am Zumba	18	19 1:00 pm Emergency	20	21 8:00 am

Invasion event	9:00 am Beachcombers - Shuffleboard 9:00 am Beachcombers Chair & Stand Exercises 9:30 am Social Walking Club 4:00 pm DanceFit 5:00 pm Qigong 6:00 pm Line Dancing Level 1 7:00 pm Women's Self Defense 4 Week Workshop	10:30 am Ballet Barre 11:00 am Line Dancing with Val 2:00 pm Ageless Grace 3:00 pm Afternoon Tea 7:00 pm Tuesday night Darts		Preparedness, Cyber Security Tips & Crime Prevention 4:00 pm Ridgeway Lions Pasta Dinner		Ridgeway Fall Market & Breakfast
22	23 9:30 am Social Walking Club 4:00 pm DanceFit 5:00 pm Qigong 6:00 pm Line Dancing Level 1 6:30 pm Midnight Massacre - A Murder Mystery at Brimstone Brewing Company 7:00 pm Women's Self Defense 4 Week Workshop	24 8:45 am Tai Chi 9:45 am Zumba 10:30 am Ballet Barre 11:00 am Line Dancing with Val 2:00 pm Ageless Grace 3:00 pm Afternoon Tea 7:00 pm Tuesday night Darts	25	26 2:00 pm Rotary Club of Fort Erie - Name That Tune	27	28 8:00 am Ridgeway Fall Market & Breakfast 11:00 am Rotary Club of Fort Erie - Rotzi Halloween Event 11:00 am Bridgeburg BIA Halloween Event
29 5:00 pm Concerts continue	30 9:30 am Social Walking Club 4:00 pm DanceFit 5:00 pm Qigong 6:00 pm Line Dancing Level 1 7:00 pm Women's Self Defense 4 Week Workshop 7:00 pm Monday Night at the Movies	31 8:45 am Tai Chi 9:45 am Zumba 10:30 am Ballet Barre 11:00 am Line Dancing with Val 2:00 pm Ageless Grace 3:00 pm Afternoon Tea 7:00 pm Tuesday night Darts				